



Middle School Lunch Menu

January 2018

1
No School

Winter Break

2
Fiestada Pizza
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Chicken Salad Hoagie, Fruit &
Cheese Platter

Baked Beans, French Fries

Raisins

3
Chick Soft Tacos/Rice
Cheeseburger, Chicken Patty,
Bacon Cheeseburger
Cheese & Pepperoni Pizza,
Buffalo Chicken Calzone
Chicken Salad Hoagie, Fruit &
Cheese Platter

Corn, Tater Tots

Applesauce

4
Pasta Bar w/ Meatballs
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Chicken Salad Hoagie, Fruit &
Cheese Platter

Steamed Broccoli, French Fries

Pineapple Tidbits

5
School Cancelled

8 Fuel: N'awlins Spicy Wrap
Corn Dog Stick
Cheeseburger, Chicken Patty,
Spicy Chicken Patty
Cheese, Pepperoni & Bacon
Pizza, Cheese Quesadilla
Italian Hoagie, All American
Cobb Salad

Green Beans, Tater Tots

Diced Peaches

9 Fuel: N'awlins Spicy Wrap
Mac N Cheese
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Italian Hoagie, All American
Cobb Salad

Fish Sticks, French Fries

Grapes

10 Fuel: N'awlins Spicy Wrap
Walking Taco
Cheeseburger, Chicken Patty,
Bacon Cheeseburger
Cheese & Pepperoni Pizza,
Pepperoni Roll
Italian Hoagie, All American
Cobb Salad

Black Beans, Tater Tots

Applesauce

11 Fuel: N'awlins Spicy Wrap
Pasta Bar w/ Meatballs
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Italian Hoagie, All American
Cobb Salad

Green Peas, French Fries

Pineapple Tidbits

12 Fuel: N'awlins Spicy Wrap
General Tso's Chicken
Cheeseburger, Chicken Patty,
Chicken Nuggets/Breadstick
Cheese, Pepperoni & Meat
Lover's Pizza, Personal Pizza
Italian Hoagie, All American
Cobb Salad

Egg Roll, Hash Brown

Fresh Kiwi & Strawberry Cup

15 Fuel: Lil' Italy Chicken Bowl
Breaded Drumstick/Roll
Cheeseburger, Chicken Patty,
Spicy Chicken Patty
Cheese, Pepperoni & Bacon
Pizza, Cheese Quesadilla
Turkey Hoagie, Chicken Caesar
Salad

Mashed Potatoes, French Fries

Diced Peaches

16 Fuel: Lil' Italy Chicken Bowl
Grilled Cheese w/ Bacon
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Turkey Hoagie, Chicken Caesar
Salad

Green Beans, Tomato Soup,
French Fries

Grapes

17 Fuel: Lil' Italy Chicken Bowl
Walking Taco
Cheeseburger, Chicken Patty,
Bacon Cheeseburger
Cheese & Pepperoni Pizza,
Pepperoni Roll
Turkey Hoagie, Chicken Caesar
Salad

Baked Beans, Tater Tots

Applesauce

18 Fuel: Lil' Italy Chicken Bowl
Pasta Bar w/ Meatballs
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Turkey Hoagie, Chicken Caesar
Salad

Steamed Spinach, French Fries

Pineapple Tidbits

19 Fuel: Lil' Italy Chicken Bowl
General Tso's Chicken
Cheeseburger, Chicken Patty,
Chicken Nuggets/Breadstick
Cheese, Pepperoni & Meat
Lover's Pizza, Personal Pizza
Turkey Hoagie, Chicken Caesar
Salad

Sliced Carrots, Hash Brown

Fresh Kiwi & Strawberry Cup

22
No School

23
Baked Potato Bar
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Ham Hoagie, Popcorn Chicken
Salad

Breadstick, French Fries

Raisins

24
Nachos Grande
Cheeseburger, Chicken Patty,
Bacon Cheeseburger
Cheese & Pepperoni Pizza,
Buffalo Chicken Calzone
Ham Hoagie, Popcorn Chicken
Salad

Pinto Beans, Tater Tots

Applesauce

25
Pasta Bar w/ Meatballs
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Ham Hoagie, Popcorn Chicken
Salad

Steamed Broccoli, French Fries

Pineapple Tidbits

26
Pancakes/Sausage
Cheeseburger, Chicken Patty,
Chicken Nuggets/ Breadstick
Pizza Hut Pizza, Personal Pizza
Ham Hoagie, Popcorn Chicken
Salad

Hash Brown

Mandarin Oranges

29
Cheese Pizza Sticks
Cheeseburger, Chicken Patty,
Spicy Chicken Patty
Cheese, Pepperoni & Bacon
Pizza, Cheese Quesadilla
Roast Beef Hoagie, All American
Chef Salad

Marinara Sauce, Tater Tots

Diced Peaches

30
Grilled Cheese
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Roast Beef Hoagie, All American
Chef Salad

Tomato Soup, French Fries

Grapes

31
Walking Taco
Cheeseburger, Chicken Patty,
Bacon Cheeseburger
Cheese & Pepperoni Pizza,
Pepperoni Roll
Roast Beef Hoagie, All American
Chef Salad

Corn, Tater Tots

Applesauce

1
Pasta Bar w/ Meatballs
Cheeseburger, Chicken Patty
Cheese & Pepperoni Pizza,
Boneless Wings
Roast Beef Hoagie, All American
Chef Salad

Steamed Spinach, French Fries

Pineapple Tidbits

2
Orange Popcorn Chicken
Cheeseburger, Chicken Patty,
Chicken Nuggets/Breadstick
Cheese, Pepperoni & Meat
Lover's Pizza, Personal Pizza
Roast Beef Hoagie, All American
Chef Salad

Black Beans, Hash Brown

Fresh Kiwi & Strawberry Cup

Daily Features:

Yogurt Parfait
WG Pretzel/Cheese Stick/Greek Yogurt
SunButter & Jelly Sandwich or Cheese Sandwich
Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices